



Datin Dr Sheila Marimuthu,

Dr Sheila Marimuthu- MBBS (Cal), M.Med.Paeds (Malaya), Hon. Fellow Adolescent Medicine (Westmead Childrens' Hospital, Sydney)

Dr Sheila is currently the Consultant Paediatrician and Adolescent Specialist of the Tunku Azizah Hospital Kuala Lumpur. She started her services at the Ministry Of Health Malaysia since 1992 and has served many Hospitals in Malaysia.

She received her training in Adolescent Medicine in 2002 at the Childrens' Hospital Westmead, Sydney Australia and also did an attachment at the Adolescent Unit, Royal Childrens' Hospital, Melbourne in 2006.

Upon her return in 2003, the Adolescent Medicine Unit was established at the Paediatric Institute, Kuala Lumpur Hospital. The Adolescent Medicine Unit is also the local training centre for fellows training in this field. Apart from the clinical work at the hospital, Dr Sheila is involved in many activities related to Adolescent Health under the Ministry Of Health and other NGOs. This includes the planning for Adolescent Services in the MOH, training of primary care physicians in Adolescent Health, preparing the Sexual & Reproductive Health module with Division Of Family Health, preparation of Clinical Practice Guidelines, involvement with MyHealth initiatives especially in Adolescent Issues in the MOH.

Dr Sheila also engages in outreach programs for young people in collaboration with NGOs. Her areas of interest are psychosomatic illness in adolescents, reproductive health issues particularly in sexually abused teens as well as Eating Disorders and weight management in teenagers.